

Megan Gluth

CEO & BUSINESS OWNER

WHERE YOU ARE
IS THE PERFECT PLACE
TO START



Megan Gluth's success was far from guaranteed. Born in rural Iowa, she lived a childhood marked by the experience and trauma of poverty and faced poor opportunities for advancement. She failed out of college, struggled with alcoholism, and experienced tremendous personal tragedy at her lowest points. Yet, thanks to her commitment to self-accountability, and compassion from those around her, Megan rose from rock bottom, rewrote her story, and emerged as a powerful example of inspiring and empathetic leadership. Megan's passion for authenticity in leadership is the foundation for her role as owner and CEO of Catalynt Solutions, Inc., a leading US-based raw material and chemical services provider. As a speaker, Megan is known for her grounded, candid style and her ability to cut through noise with practical insight. Whether she's talking about radical ownership, trusting your gut, or harvesting strength from your hardest moments, Megan equips audiences with practical insights and the courage to start exactly where they are.



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WORKSHOPS

OWN YOUR SH*T: THE WORKSHOP NOBODY WANTS AND EVERYONE NEEDS

Radical responsibility is the price of admission to your next level. In this unapologetic workshop, we tackle the habits that keep you stuck—blame, avoidance, and hiding—and replace them with language shifts and self-inquiry tools that put you back in the driver's seat of your life. It's time to own what's yours—and let go of what isn't.

GUT INSTINCTS & GRIT: BUILDING A LIFE THAT FEELS AS GOOD AS IT LOOKS

Your intuition isn't fluff—it's your fiercest strategist. This workshop helps you reconnect to your inner compass through somatic tools, boundary-setting practices, and real-time gut check exercises. When you stop outsourcing your knowing, you unlock a life that's both aligned and unshakably grounded.

WHERE ARE YOU, REALLY?

No more pretending. This deep-dive workshop offers space for real honesty—the kind that disrupts the status quo. Through a 5-level life audit and personal reflection tools, you'll pinpoint where you're out of sync and build the clarity needed to shift with purpose. You can't grow from a place you refuse to see.

KEYNOTES

THE TRUTH WILL SET YOU FREE (BUT FIRST, IT WILL GUT YOU)

This keynote is a call to radical honesty. Meg walks audiences through why real transformation begins with owning your full story, especially the parts you'd rather skip. She unpacks how avoidance, perfectionism, and pretending chip away at our joy, and how facing the truth—boldly and compassionately—creates the alignment we're craving.

THE PERFECT PLACE TO START: FINDING CLARITY WHEN YOU DON'T KNOW THE WAY FORWARD

When the path is unclear, most people freeze. This keynote offers a different invitation: start anyway. Meg reframes stuckness not as failure, but as a signal. She equips audiences with a practical toolkit for moving forward with clarity and courage, even when they don't have it all figured out.

FROM RUIN TO REBUILD: HOW TO HARVEST THE TREASURES HIDDEN IN YOUR HARDEST MOMENTS

This keynote is Meg's most personal. She shares her lived experience of profound loss, addiction, and the slow, deliberate process of rebuilding. Audiences walk away with a deeper understanding of why healing isn't about bouncing back—it's about integrating the hard things and learning how to live fully again.

HUMAN-CENTERED CAPITALISM

Megan is passionate about the development of people and commerce. She challenges her team to be both excellent and rigorous, and is committed to helping them grow and develop in their careers. She is also committed to help mentor those outside her direct circle of influence as she looks to impact other professionals' lives.

VISIONARY LEADERSHIP

Megan is an energetic leader who is committed to personal development and accountability through crafting and implementing a creative vision for the company's future. She provides direction and inspiration to her team, and is always looking for new and innovative ways to grow and develop the business.

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**The
New York
Times**

NBC NEWS

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If you ever have the opportunity to hear Megan speak, don't miss it. You'll walk away with a renewed sense of purpose, and a higher bar for what real leadership looks like.

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Megan doesn't just speak about resilience and leadership — she embodies them. Her authenticity, grit, and unwavering mindset left a profound impact on everyone in the room.



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